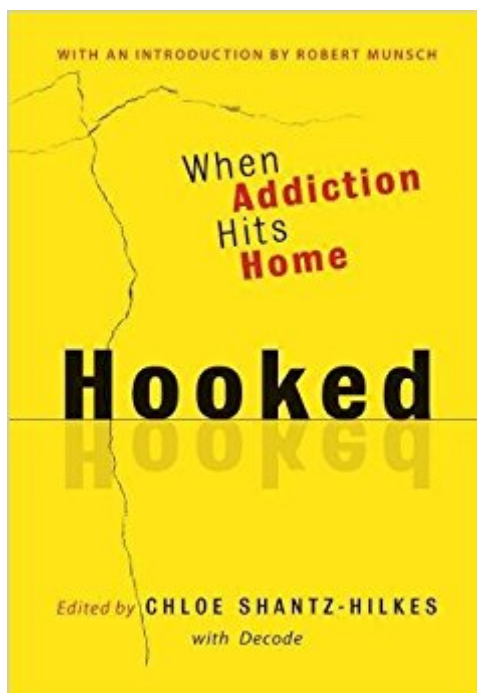


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# Hooked: When Addiction Hits Home



## Synopsis

Jenny dealt with the stress by forgiving her mom over and over and over again. This collection of ten true stories is based on interviews with people who, in their youth, lived with an addicted parent or sibling. The subjects speak honestly about what it was like to grow up with a family member addicted to alcohol, drugs, food, pills, or gambling. While describing how they managed to cope, interviewees explore the full range of situations and emotions they experienced; from denial, anger, and confusion to acceptance and forgiveness. Their maturity, sensitivity, and even their sense of humor will give teens going through similar situations the important realization that there are many ways to break free from the chains of others'™ addictions.

## Book Information

Paperback: 128 pages

Publisher: Annick Press (February 1, 2013)

Language: English

ISBN-10: 1554514746

ISBN-13: 978-1554514748

Product Dimensions: 5 x 0.2 x 7.2 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 3.1 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,249,947 in Books (See Top 100 in Books) #61 in Books > Teens >

Personal Health > Drug & Alcohol Abuse #160 in Books > Teens > Social Issues > Being a Teen

#167 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Drugs

Age Range: 12 - 14 years

Grade Level: 7 - 12

## Customer Reviews

Living with an addicted family member has to be difficult, and for those young adults facing the challenge, this is a book which will truly hit home. (Joanna Peters Canadian Materials 2013-06-07)The accounts are varied and honest enough that readers with addiction in their own families will likely find plenty to relate to. (Kirkus Reviews 2013-06-15)In this honest and insightful book, ten different individuals share their personal stories of living with a parent or sibling with an addiction. (Barbara A. Ward Reading Today Online 2013-06-03)Comprised of ten short reflections, it puts a real face on what addictions do to those around them. It is a powerful and moving read.

(Michael Rogowski Resource Links) Ten teens share how they've been affected by family members with food, drug, work, alcohol or gambling addictions. It's a candid, raw read, but those in similar situations will see they are not alone, that help is available and they are not to blame. Guelph children's author Robert Munsch wrote the book's introduction, describing how he fell into the grip of multiple addictions and how he and his family were affected. (Brenda Hoerle Waterloo Region Record 2013-06-08) The honesty of these stories is a testament to the strength of these children, and the information resources provided make this book a worthwhile read for any teenager living with family members with addiction. (Great Unread 2013-08-24) Hooked deals with teens who have a family member with an addiction. Each of the first ten chapters consists of a real teen's story told in the first person about what it was like to live with an addict and how they coped. Most of the stories involve parents, but one is about a sibling... The last two chapters are comprised of a Common Questions section where a professor of social work answers questions teens have about addiction, and an Advice and Help section which lists resources teens can access in both Canada and the United States if they need help. The first person accounts in this book are very powerful.... Any teen going through a similar situation when reading this will be comforted to find that they are not alone... This is a solid resource for teens dealing with addiction. Recommended. (Arwen Rudolph is the Rural Branch Supervisor, Pall Canadian Children's Book News 2013-12-01) Readers will speed through these stories about growing up with a family member under the influence of an addiction. Searingly honest tales, informed by a survivor's perspective, are related about brothers, mothers, and fathers struggling with addictions to gambling, alcohol, and crack. A "How I Coped" section in each story is invaluable, as are the appended lists of resources and a FAQ. (Paula Willey School Library Journal 2014-09-09)

Chloe Shantz-Hilkes is a writer and a producer of radio interviews and soundscapes for the Canadian Broadcasting Corporation. She lives in Toronto. Decode is a global strategic consultancy firm that helps clients "decode" what young people think, feel, want, need, believe in, and aspire to. Robert Munsch is the author of The Paper Bag Princess and is keenly concerned with addiction issues.

I personally grew up with a lot of bad childhood drug-related issues in my household and this book was absolutely horrible. Don't waste your money! Very disappointed. nothing more to say!

While I have never had direct experience with somebody who has an addictive personality. This

was a great peek into the world of young people who are effected by these situations. Each essay was a revelation, and just a touch heartbreaking. You can not help to feel for these young people. These were really interesting looks into the lives of addict families. Great variety of types of addictions and they stories of the kids. Really enlightening, these kids are not professional writes but their words speak volumes. Anybody would empathize with them. Note: I received this ARC free in exchange for an honest review.

(nb: I received a review copy from the publisher via NetGalley)"Hooked: When Addiction Hits Home," by Chloe Shantz-Hilkes, is not intended to entertain teens like "The Hunger Games" or the latest YA series. What it does is provide clear, stark, unflinching recollections from ten survivors, all of whom grew up with addicted family members. One boy's dad was an angry drunk, a powerful weightlifter who nearly pushed him through a glass window. One girl's brother started smoking weed in ninth grade, and by graduation was paranoid and hooked on OxyContin. Another girl's mother was addicted to gambling, an addiction that can tear apart a family just like alcoholism. Each of these essays is fearless in describing what its author went through during their years living with an addict. Some of the survivors ended up moody and depressed, and they failed to excel in school. Others went the other way, obsessively throwing themselves into their schoolwork, because that was the one thing in their lives they could control. Interspersed among these survivors' stories are bits of information or explanation: what an enabler is, for example, or notes that children of addicts are more likely to suffer from depression. The media love to focus attention on addicts. From tabloid reports of the latest star going to a posh clinic, to shows like "Celebrity Rehab," addicts' stories are common. It's widely espoused that addiction is a disease, requiring treatment just like any other. The media rarely focus on the damaged or destroyed families addicts leave in their wakes. It's just not something we think about. Once, a friend asked me to accompany her to a support group for families of alcoholics and addicts. I'd had experience with addiction, but this was the first time I'd heard how hellish addicts can make life for those around them. It was gut-wrenching. The introduction for "Hooked" is an addiction testimonial from noted children's author, Robert Munsch. His personal story of alcoholism and drug addiction might seem out of character for somebody in his field, but it shows this disease can affect anyone. Following the essays are two helpful resources. One is a Q&A section with addiction expert Dr. Dennis Kimberley. The other is a listing of resources where a young person with an addict parent--or one dealing with his or her own addictions--can find confidential help, 24/7. "Hooked: When Addiction Hits Home" should be in every middle school and high school library, guidance counselor's office, even as part of drug and alcohol education units in

health classes. One in five families is touched by addiction. Being exposed to this book--with its stories and information--could help young people in equally dire situations find reassurance that they aren't alone, as well as resources for them to get the help they need.

I don't usually cover non-fiction, but I was interested when this title became available on Netgalley. This is a moving collection from teenagers that grew up with a family member suffering from an addiction. Covering alcoholism, drug abuse and even workaholics, the fearless stories don't shame their family but show the negatives of their situation. Not every story has a hopeful ending but the truthfulness is courageous. Much like the Chicken Soup for the Soul books of the '90's, Hooked is an excellent source of comfort for teens of today that need to know they are not alone. Well put together and executed right for its market, Hooked has been well worth the read. Many thanks to the publisher Annick Press for the copy of the book, Chloe Shantz-Hilkes for doing a great editing job and to the authors that contributed powerful yet difficult stories. It takes a lot of guts to write about something so personal and painful. I received this book in exchange for an honest review; Hooked was published on March 5th, 2013.

A really interesting book. It is a compilation on interviews of children of addicts. The children talk about their memories and emotions regarding their parent's addictions, which range from crack-cocaine to workaholic. They also discuss their feelings towards the non-addict parent and their siblings. Very interesting and revealing. I was especially fascinated by the fact that almost every child had equal resentment towards their non-addict parent. They hated their addict parent for being an addict and blamed their "normal" parent for keeping the addict in their lives. Very interesting.

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